

**White Pine Wilderness Academy
2020-2021 Youth Programs Parent Manual**



This living reference manual is designed to formalize and document many aspects of our Youth Programming at White Pine Wilderness Academy. As White Pine enters its seventh year, our youth programming has never been more popular, thanks in large part to the parents of our students. As we have grown to meet the incredible need for nature connection opportunities in Indianapolis, solid policies and procedures have become increasingly necessary to maintain program quality, continuity, and consistency. Please read and let us know if you have any questions.

Stay Wild and Free,

The White Pine Team

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Philosophy

White Pine Wilderness Academy, founded in 2014, is an aboriginal technologies school at its core. Children who attend our Forest School and Forest Camps, will form a deep connection to nature and their community by learning wilderness survival and the philosophies, traditions, and crafts from many of the ancient cultures that created and honed these skills and traditions. Our home campus and indoor and outdoor classrooms are located in the village of Rocky Ripple next to the Central Canal and Butler University along the riparian corridor of the Wapahani River. Our teachers utilize a customized version of the 8 Shields Nature Connection model, created by Jon Young, to guide children in finding their place, both in community and in the natural world.

Our Culture

White Pine Wilderness Academy is a secular school with students and staff from many cultural and religious backgrounds. There is no belief system that is required to attend, other than:

Our 5 Agreements

1. Respect The Circle
2. Respect Each Other
3. Respect Ourselves
4. Respect Life
5. Leave No Trace

Our Connection to Tradition

The core of our curriculum is an Indigenous approach to nature connection. We teach skills, honor traditions and tell stories from Indigenous cultures the world over. Some of these traditions have a specific lineage, while some do not. Each story, tradition or skill has different protocols and prohibitions depending on the degree of our connection to the story.

The Shikari lineage of Trackers from the jungles of India is closely linked to our school. The stories and skills of the Shikari were passed down directly to White Pine's founder Matt Shull from his Grandfather Ernie Shull, who spent 20 years as a Shikari in India.

The 8 Shields lineage began at The Tracker School founded by Tom Brown Jr. and was further developed by Jon Young at Wilderness Awareness School. Matt Shull and several of our staff study directly with these Elders. We find great meaning in this nature connection model and have been able to develop an expression that fits our White Pine programs, staff, and families.

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The Peacemaker lineage from the Iroquois Confederacy came to the 8 Shields lineage through the work of Chief Jake Swamp. The story of the Peacemaker is a beautiful saga of how five nations came to form a peace that lasted for generations. This story also influences the creation of our own Constitution. Because of the cultural significance of these stories, we take great care to follow all of the protocols and prohibitions in which Chief Jake Swamp mentored us.

At times we are honored to host Elders from Native American, African, Asian, and European traditions. We believe that the Inner Tracking framework that we have established at White Pine allows us to present culture in a way that is respectful and reverent without being religious or culturally appropriative.

Under the guidance of Elders and in the spirit of experimentation, White Pine is moving forward into relatively uncharted territory. We are contributing to a regenerative cultural model, inspired by ancient traditions, and nature connection.

School Procedures and Policies

Non-Discrimination Policy

White Pine Wilderness Academy is an Equal Employment Opportunity employer, committed to providing a discrimination and harassment-free workplace. It is White Pine Wilderness Academy's policy and practice to ensure that all terms of employment, including application for employment, hiring, promotion and/or advancement opportunities, compensation, training, termination, and any other terms, conditions or privileges of employment are provided without regard to race, color, national origin, citizenship, age, religion, gender and gender identity (including pregnancy), sexual orientation, protected genetic information, veteran status, disability, or any other characteristic protected by law.

As an Equal Opportunity employer, we prohibit discrimination against or harassment of employees based upon any protected class, including race, color, national origin, citizenship, age, religion, gender, sexual orientation, protected genetic information, disability, or any other characteristic protected by law. Discrimination or harassment, in any form, on the basis of an employee's protected class status, is against the law and violates the policies of White Pine.

If you experience or witness harassment or discrimination in the workplace or otherwise become aware of it, report it immediately (orally or in writing) to a member of the North Team.

It is unlawful and against our policy to retaliate against individuals who complain of harassment or discrimination or to retaliate against those who cooperate with, or participate or assist in, an investigation of harassment or discrimination. You can raise concerns and make reports of harassment or discrimination without fear of reprisal or retaliation.

All reports of discrimination, harassment or retaliation will be investigated. If White Pine Wilderness Academy determines that prohibited discrimination, harassment or retaliation has occurred, appropriate corrective and/or disciplinary action will be taken. Any employee who has participated in prohibited discrimination, harassment or retaliation will be subject to appropriate disciplinary action, up to and including termination of employment.

Child Abuse and Neglect Reporting Policy

Besides being illegal, child abuse and neglect interfere with healthy child development and later achievement in life. State requirements may differ, but states in which reporting suspected abuse is mandatory usually include child care personnel. Child care staff and parents should be aware of reporting requirements and procedures for handling reports of child abuse and neglect. Information on where to call and how to report abuse and neglect should be posted so it is readily available to parents and staff.

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All observations or suspicions of child abuse or neglect will be immediately reported to the Child Protective Services hotline: **1-800-800-5556**, no matter where the abuse might have occurred.

Any member of the White Pine North Team will call to report suspected abuse or neglect. All staff involved in the reported incident will follow the direction of Child Protective Services regarding completion of written reports. If the parent or legal guardian of the child is suspected of abuse, staff will follow the guidance of Child Protective Services regarding notification of the child's parent or legal guardian. Reporters of suspected child abuse will not be discharged for making a report, unless it is proven that a false report was knowingly made.

Signs of suspected child abuse or neglect will be recorded as a Code Black incident in accordance with the White Pine EAP.

If a staff member is suspected of abuse, parents or legal guardians of suspected abused children will be notified by the North Team immediately after contact with Child Protective Services is made.

Parents or legal guardians of other children in the program will be contacted by the North Team within 24 hours of contact with Child Protective Services, so that they may share any concerns they have.

Staff who are accused of child abuse may be suspended or given leave without pay, pending investigation of the accusation. Such staff may also be removed from the classroom and given a job that does not require interaction with children. However, no accusation or affirmation of guilt will be made until the Child Protective Services investigation is complete.

Staff found guilty of child abuse will be immediately dismissed. When this policy applies: whenever any staff member has reason to suspect that any child on the premises of this child care facility may have been abused or neglected by anyone.

Student Agreement, Release and Acknowledgement of Risk, Photo Consent

Before participating in White Pine activities, all participants must have a completed Student Agreement, Release and Acknowledgement of Risk, and Photo Consent document on file. A copy is included at the end of this document.

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Organizational Structure: North and South Teams

The North team is composed of the following staff involved in administrative roles at White Pine.

- Owner and Founder of White Pine Matt Shull (Extension #3)
- Operations Director Scott Salmon (Extension #4)
- Forest School Director Ameer Waltman (Extension #2)
- Media Director Rachel Watts (Extension #5)

There will always be at least one North Team member on duty during camps, most often the Forest School Director. The North team is in charge of managing the majority of communications and inquiries with the public. The North team will provide additional support when needed for any disciplinary, medical, logistical or program concerns.

The South team is composed of Lead Instructors and Assistant Instructors involved in program delivery and instructional roles at White Pine. The South team is in charge of preparation of all materials, curriculum, and program structure for the day. All Lead Instructors have at least a year of teaching experience and have demonstrated their aptitude in the 4 Connection Shields.

Lead Instructor Jason Cunningham (Scouts)

Lead Instructor Sarah Grain (Substitute for 2020-2021)

Lead Instructor Mary Claire Noble (Flying Squirrels)

Lead Instructor Asher Nottingham (Scouts, After School)

Lead Instructor Daniel Paquette (Tree Frogs)

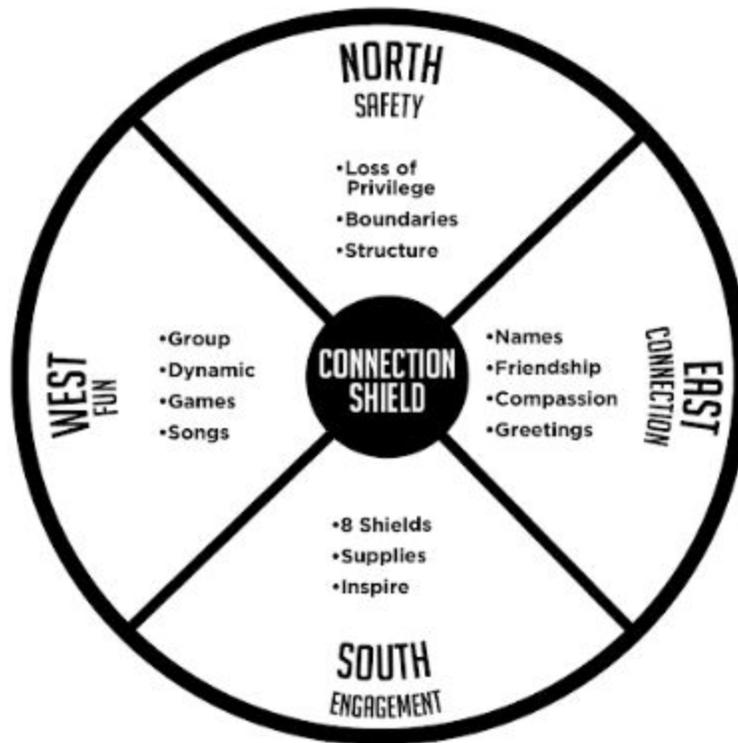
Lead Instructor Suzanne Ratnayake (Substitute for 2020-2021)

Lead Instructor Bailey Sims (Substitute for 2020-2021)

Lead Instructor Ryan Sims (Firekeeper Chief)

Lead Instructor Evan Velozo (Flying Squirrels, After School)

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Background Checks

Any individual who applies to work or volunteer within any White Pine Wilderness Academy youth program must undergo a criminal background check. If an individual's background check reflects certain criminal record information for a current or prospective employee, White Pine may deny or terminate an employee's employment. Prospective employees are required to complete background check authorization forms and show proper identification prior to their start date. White Pine reserves the right to recheck background information for an employee at any time during the employee's employment.

An employee's background check information is kept strictly confidential. In the event that an employee has criminal record information reflected on his or her background check, the employee will be informed of the finding and provided with a copy of the report.

Drug and Alcohol Policy

White Pine Wilderness Academy prohibits the use, influence, possession, sale, purchase, or distribution of any controlled substance or illegal drug by any employee during work hours. Use of or being under the influence of alcohol is prohibited when staff are in direct supervision of youth.

The illegal use of prescription drugs is also prohibited.

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Use of tobacco is not permitted inside any White Pine vehicle, building, or facility.

Competence with Emergency Procedures

All White Pine staff must maintain a current CPR and First Aid training, or more advanced training such as Wilderness First Aid or Wilderness First Responder. Regular training and refreshers on the White Pine EAP (Emergency Action Plan) will be conducted during 6-week unit Staff Meetings. All Staff are responsible for knowing and following emergency procedures.

Emergency Procedures

1. **Emergency Action Plan-** Our EAP follows a progressive coded system that rates the severity of the incident. Responses range from treat and release, back-up assistance or emergency response. Parents will be notified any time it is determined that assistance is needed. Full Copies of the EAP are available to parents upon request.
2. **Scenarios-** All Lead Instructors are trained to respond to the following possible EAP scenarios: First Aid, Storms, Missing Camper, Aggressive Camper, Human Factors, and River Rescue.
3. **Communication-** All White Pine instructors and leadership staff carry two communication devices (two-way radio with 1.5 mile range and the White Pine FIELD PHONE) when leading groups away from the immediate vicinity of the White Pine campus.
4. **Accidents/Injuries-** EAP protocol is followed in any accident or injury incident.
5. **Tornado-** Staff have been trained in severe weather and tornado drill protocols. We use our cinder block permanent structure as shelter in the event of a severe weather warning.
6. **EpiPen/Inhaler-**These medications will remain with the student throughout the school day. Staff will be informed and will assist with administration as needed. White Pine staff in general do not carry Epinephrine unless specifically trained and authorized to deliver the medication.
7. **First Aid Kits-** There are substantial First Aid supplies located on the White Pine Campus. All instructors carry Field First Aid Kits when leaving the campus for other outdoor spaces during excursions.

Safety & Risk Management

1. **Student Medications-** Emergency medication such as epinephrine injectors and rescue inhalers must be kept by the student they are prescribed to. Students must be able to use these medications on their own, or with the assistance of a trained and first aid certified staff member. For other medications, arrangements will need to be made with the White Pine Leadership team and Instructors on a student-by-student basis.
2. **Fire-** Fire is an integral part of the White Pine Curriculum. Safety around fire includes several rules. With few exceptions, fuel or other items placed in the fire stay in the fire.

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Thick pants such as Carhartt jeans or bibs and closed toed shoes can reduce risk around fire, but are not required.

3. **Tools and Knives-** Tool usage is also integral to the White Pine Curriculum. All students wishing to utilize a tool must receive specific instruction and approval before usage is permitted. Knives used for carving are only allowed once a safety test has been mastered. Students misusing tools and knives will receive coaching or lose privileges depending on the severity of the safety breach.
4. **Water Safety-** Visits to the White River can be a daily part of the White Pine day. Students are not permitted in or near the river when it is above normal flow due to health and safety concerns. Due to the hydrology of this urban river, entry into the river is only permitted during low flows. **When students are allowed in the river, White Pine policy is to allow students to wade and sit, with footwear, in water no deeper than the student's knees.** Splashing and water fighting are also not permitted because of the risk of water entering a student's eyes, mouth, and nose. Life Jackets are required for all students boarding watercraft such as canoes, kayaks, and paddleboards. Instructors and leadership make very conservative judgment calls on allowing any river activity.
5. **Severe Weather-** When severe weather is forecasted, excursions beyond the immediate vicinity of the White Pine campus are curtailed. White Pine staff make conservative judgment calls on permitting excursion activities with the threat of severe weather.
6. **Safe Places and Pick-ups-** White Pine has several volunteers, elders, and instructors that live within several blocks of the White Pine Campus. In the unlikely event of a hostile Human Factor or unanticipated Severe Weather, White Pine staff are trained and instructed to move their students to one of these off-campus safe places to seek shelter until the threat has dissipated.
7. **Field Point Archery:** All White Pine staff teaching or supervising archery activities with field points and bows exceeding 25 pounds of pull are Certified Level 1 Archery Coaches from USA Archery.
8. **Foam Arrow Wars:** Foam Arrow Wars is an archery tag game where students utilize low-poundage bows (less than 25 pounds of pull) and foam-tipped arrows. All participants must wear full face mask protection when playing Foam Arrow Wars. Headshots and close range shots are not permitted. Students and staff regularly inspect equipment for damage.

COVID-19 Specific Protocols:

The following COVID-19 specific procedures will be in effect at White Pine for the foreseeable future. These procedures are to keep staff, students, and parents as safe as possible during the ongoing pandemic. These protocols were developed to comply with CDC guidelines, in conjunction with our advising physician and the Greater Indy Area Summer Day Camp Directors workgroup. Protocols were field-tested during our week-long Firekeeper training camp (July 6-10th.)

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1. **Home Temperature Checks:** Before bringing your student to White Pine, parents will be responsible for conducting a home temperature check to ensure their student's temperature is below the CDC guideline of 100.4 degrees. **Please do not bring your student to White Pine if their temperature is 100.4 degrees or greater.**, Please notify White Pine via texting or calling the **Field Phone (317-774-6360, Extension #1)**.
2. **Curbside Drop-Off and Pick-Up:** We will be doing curbside drop-off and pick-up on Sunny Meade Lane at the West side of the campus during the school year.
 - Parents will approach in their vehicles from the SOUTH, turning RIGHT off 52nd Street onto Sunny Meade Lane and check in/out with the White Pine staff member present.
 - After dropping off or picking up their student(s), parents will drive North on Sunny Meade Lane and turn RIGHT onto 53rd Street to head out of Rocky Ripple.
 - Please do not park and enter the White Pine campus as a parent unless you have specific business to attend to.
 - If you typically walk or bike to White Pine, we can make alternative arrangements for drop-off/pick-up.
3. **Outdoor-Only Classes:** Students will only be allowed inside the White Pine building to use the restroom or into the Yurt to get equipment.
4. **Curriculum Changes:** Roughhousing games and contact games such as tag are suspended for the duration of the Pandemic.
5. **Cleaning the Space:** Doorknobs, light switches, handles, restroom facilities, knives, flint strikers, foam arrow equipment, and other items and surfaces will be regularly sprayed with sanitary spray before, during, and after the school day.
6. **6 Foot Distancing:** Physical distancing will regularly be reinforced with the "Vulture Wings" aka "Airplane Arms" technique.
7. **Masks:**
 - Students will be required to bring 1-2 masks to school everyday, and requested and reminded to wear masks as appropriate for their age bracket.
 - Staff will wear masks at all times during the school day, with the exception of detailed curriculum presentations, at which point they will be 6+ feet from students. Several White Pine students have hearing impairments and need to see lips move in order to understand messages.
 - Students will not be punished for not wearing masks, but will be asked to maintain a distance of greater than 6 feet when not wearing a mask.
 - We will rely heavily on parents to reinforce the importance of wearing masks when around others to Respect Others and Respect The Circle.
8. **COVID-19 Specific Waiver:** An additional waiver has been added to the Campsite Parent Portal. Please print, sign, and upload to Campsite. We will have extra copies at the Back to School Day as well.
9. **Quarantine/Return to School:** Please see the attached "Student Guidance for Return to School" document from the CDC for White Pine's protocol for returning to school if your household has been exposed to COVID-19, or members of your household exhibit

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COVID-19 associated symptoms (fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea).

10. **If you cannot support us in following these new safety procedures, please let us know as soon as possible so we can cancel your child's registration for the year and refund your deposit.**

Enrollment and General Operations

1. **School Calendar and Cancellations-** The Forest and After School calendar runs from Mid-August to Mid-May.
2020 - 2021 FOREST SCHOOL BREAKS: There will be NO Forest or After School on these dates:
Fall Break: October 12-16, 2020
Thanksgiving Break: November 23-27, 2020
Winter Break: December 21, 2020-Jan 1, 2021
Spring Break: March 29 - April 2, 2021
2020 - 2021 MONDAY TREE FROG BREAKS: There will be NO Monday Tree Frogs on these dates:
Southwest Unit: August 17, 2020
West Unit: September 28, 2020
Northwest Unit: November 9, 2020
North Unit: January 4, 2021
Northeast Unit: February 15, 2021
East Unit: April 5, 2021
2. **At-Home/Remote North Unit:** White Pine is considering running the entirety of the North Unit (January 4-February 12 2021 as an At-Home/Remote unit. Many of the guilds are indoors focused such as inside Inner Tracking and Culture. Classes will be conducted via a combination of Facebook Live, Zoom, and written journaling. **A decision will be made about the North Unit no later than December 21st, 2020,** based upon CDC and ISDH guidelines, as well as consultation with our advising physician and conversations with the Greater Indy Area Summer Day Camp Directors workgroup. No modifications for tuition will be made if the North Unit does not meet in person at White Pine.
3. **Absences-** If your child will be absent, please notify White Pine via texting or calling the **Field Phone (317-774-6360, Extension #1)**. Refunds will not be issued for absences.
4. **Cold Weather-** White Pine is a year-round school. We will cancel class if a Warning-level Travel Advisory is issued for Marion County **Due to COVID-19, if the projected high temperature is below 20 degrees.** Parents will be notified via text and email in the event of a closure. Refunds will not be issued for cancellations due to cold weather.
5. **Tuition Payments-** Unless specific arrangements are made, tuition is automatically charged to the card on file by the 1st of each month. An invoice will be sent to each family via email. A \$25 late fee will be charged for each tuition payment that is not

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received on or before the 5th of each month. **If you wish to withdrawal your student, you MUST inform White Pine via Email before the 1st of the month or be automatically charged for the next month's payment.**

6. **Forest School & After School Refunds-** Each student registered for an annual program (Forest School, After School) must make a deposit at the time of enrollment. This deposit will hold a student's spot in a class, covers the first month's tuition and is nonrefundable. If a family chooses to withdraw their student, the month of withdrawal tuition payment will not be refunded.
7. **Volunteering-**
 - a. **Firekeepers:** White Pine students (ages 13+) who desire to take a leadership role can apply to the Firekeeper program. Firekeepers are expected to assist Lead Instructors in an apprenticeship capacity and manage students. Firekeepers are still students and must sign in and out with the same procedures as all other youth. For more information about the Firekeeper Program, email ryan@whitepinewilderness.com.
 - b. **Parent/Family Villagekeepers:** Parent and Family volunteers are welcome and encouraged at White Pine in the role of Villagekeeper. Parents and family members of enrolled students do not need to pass a background check. Villagekeepers will assist a Lead Instructor with a group of 10 students for the day. Please arrive no later than the start of drop-off and plan on staying to the end of pick-up.
8. **Parent Meetings-** Prior to the start of the school year, all families are invited to attend a "Back to School Night" class meeting. Throughout the school year, there may be additional "as needed" parent meetings. White Pine will also offer parent education opportunities over the course of the school year.
9. **2021-2022 Early Bird Enrollment:** Families with students enrolled in year-long programs Forest School and After School have access to the Early Bird registration period for 2021 Summer Programs and the 2021-2022 Forest and After School programs. Generally, this early bird registration period begins in early January and lasts for at least two weeks. After the early bird period, classes will be opened for enrollment.
10. **Waitlist:** Enrollments that exceed the class capacity (generally 20 youth) are automatically waitlisted by the Camp Management system. As spots become available in the class, parents with students on the waitlist may be contacted for the opportunity to enroll. Preference is given to students with previous White Pine experience, and families with students already enrolled in year-round programs.

Student Behavior

1. **Age/Skill Requirements-** Children must be the appropriate age for their class by August 1 of the school year. Children who are 6 by August 1 can choose to join our Tree Frog Class (ages 4-6) or our Flying Squirrels Class (ages 7-9). Tree Frogs (ages 4-6) must be bathroom independent, able to walk a half-mile with a backpack carrying their lunch and water, and have a developmentally appropriate understanding of our Five Agreements

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(Respect the Circle, Respect Each Other, Respect Yourself, Respect Life, and Leave No Trace).

2. **Student Behavioral Expectations-** All students and staff are expected to understand and follow our Five Agreements (Respect The Circle. Respect Others, Respect Yourself, Respect Life, Leave no Trace). All staff regularly remind, reinforce, and redirect student behavior as part of normal baseline instruction at White Pine.
3. **Disciplinary Procedures:** When an agreement is broken, the student or students who broke an agreement(s) will be removed from the group and placed under the supervision of a North Team member, while the victim and rest of the class is cared for by the South Team. Consequences for the student who broke an agreement can range widely depending on the agreement broken and the severity of the harm done. Most behavioral problems will result in a revocation of privilege and/or isolation from the student group for a period of time necessary for the student who broke an agreement to accept and understand the consequences of adverse behavior and be invited back into the group by the victim. In rare cases, students may be asked to leave for the remainder of the day. In extreme cases, if behavior cannot be corrected, students may not be permitted to return to White Pine.

Clothing, Gear, and Equipment

1. **Clothing/Gear-** Students must come properly equipped for the anticipated weather conditions of the day. This includes insulating layers, durable rain gear and waterproof boots for rainy days, and/or cold weather clothing such as bibs, parkas, hats, and gloves. **Students not properly equipped may not be permitted to attend at the discretion of White Pine staff.** Also required are appropriate footwear 30+ oz. water bottle, full lunch (for Forest School, Summer Camp), and small backpack for gear and clothing. The full gear list can be found at the end of this document.
2. **Sunscreen/Bug spray-** Parents may provide sunscreen and bug spray to students. White Pine staff will not apply these products to students.

Here is a list of suggested gear for your child's time in Forest School. Please know that all of the information below is a guideline to work from. Our years of work with the children and being outdoors have provided some insight as to what works well in our opinion, however, we will work with whatever you provide and will make it work as needed. Thank you and think of all the fun your child will be able to have when they have good gear to keep them comfortable and prepared for the outdoors!

BASIC GEAR FOR THE ENTIRE FOREST SCHOOL YEAR:

- **2 FACE MASKS**
- **1-2 WATER BOTTLES**
- **1 BACKPACK** one with multiple pockets and a place for a water bottle
- **1+ CARABINER** attached to backpack to hang on rope in the field

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- **PLANETBOX Rover Stainless Steel Lunchbox** (or similar durable lunchbox)
- **PACKED LUNCH AND SNACKS** (no refrigeration, no boiling water, and no microwave requirements)
- **CHANGE OF CLOTHES (two sets) and plastic bags to pack soiled clothes**

SPRING/SUMMER/FALL MONTHS:

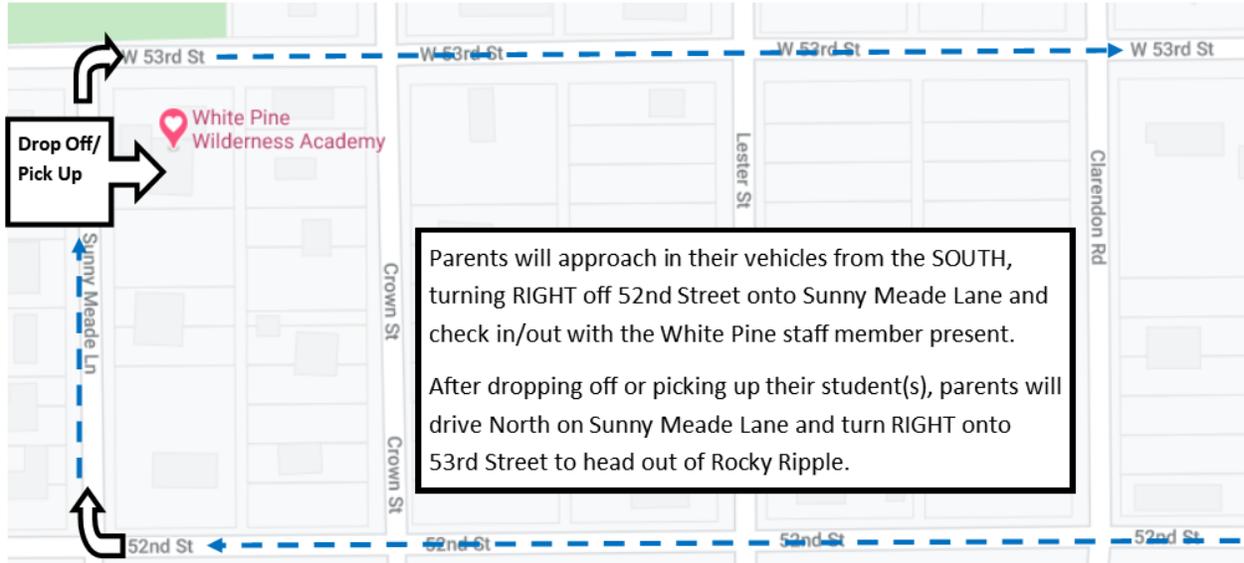
- **CHACOS** or other sports sandal with an ankle strap that allows feet to breathe and get wet
- **HUNTER BOOTS** these are much higher quality than your standard rubber boots and great for those rainy/muddy days
- **HAT (Tree Frogs)** please get a hat that can be secured under the chin and also does not slide down over the eyes, a frequent problem with hats. Without the attachment under the chin, the hat has a tendency to slide off or get pulled off by a tree branch or brush, and sometimes get lost in our explorations.
- **TUFFO UNISEX MUDDY BUDDY COVERALLS** or **POLARN O. PYRET (Tree Frogs) waterproof suspender shell**
- **WATERPROOF LIGHT JACKET with a hood**

WINTER MONTHS:

- **CARHARTT BIBS** these allow the kids to stay warm while keeping their arms free for activities
- **CARHARTT COAT** (second to bibs) windproof, water-resistant, and made from natural materials so they are good around fire, unlike nylon outerwear, which easily gets holes.
- **KAMIK SNOW BOOTS**
- **POLARN O. PYRET WOOL UNDER LAYERS, SOCKS** long wool socks (itch free) can provide a base layer under mittens for warmth as well
- **SMARTWOOL SOCKS** or any that are itch free
- **POLARN O. PYRET MITTENS** long enough to be secured under the jacket to prevent snow from collecting at the wrist

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Drop Off/Pick Up Map



Forest School Daily Rhythm

FOREST SCHOOL DAILY RHYTHM EXAMPLE

- 10:00-10:30 **Arrival and Free Play**
Building the fire for tea and warmth
- 10:30-11:15 **Opening Circle**
Welcome Songs Thanksgiving Address
Children's Gratitude Announcements/Acknowledgments
Story of the Day Closing Verse
- 11:15-11:45 **Guild Time**
Carving Sensory Awareness Games
Firecrafting Animal Forms
Archery Scouting
Ceramics Foraging
Villagekeeping (chopping wood, etc)
- 11:45-12:15 **Lunch Time****
- 12:15-12:30 **Walkabout Prep**
Cleanup Steeping herbs for afternoon tea
Restroom Water refill
- 12:30-2:00 **Walkabout**
Nature Exploration Shelter Building
Sit Spot/Awareness Forest crafts
Kindling gathering Foraging
Tea herb harvesting
- 2:00-2:30 **Choice Time**
Free Play Snack
Skill Building
Steep herbs for tea
- 2:30 **Closing Circle**
Sharing of tea Gathering Song and Seasonal Song
Rose, Bud, Thorn Circle Game (if time allows)
Closing Song
- 3:00 **Dismissal and Parent Interaction**

**Some days we may choose to gather right after morning circle and head out for the day, having lunch and guild time on our walkabouts

Core Routines

CORE ROUTINES

1. Art of Questioning (Coyote Mentoring)
2. Nature Museum
3. Free Play
4. Gratitude Circle (Thanksgiving Address)
5. Awareness, Sense Meditation, Awareness Challenge
6. Sacred Order
7. Storytelling
8. Scouting/Stalking
9. Tracking
10. Foraging
11. Wandering/Navigation
12. Carving/Knife/Hatchet
 - Bow Drill Kit
 - Bullroarer
 - Throwing Stick
 - Bow (PVC)
 - Knife
 - Self Bow/Arrow
13. Ceramics
14. Archery/Foam Arrow Wars
15. Wood Splitting/Maul
16. Jungle Gym
17. Jedi Training
18. Rope Swing
19. Lava Logs
20. Flint Knapping
21. Throwing Stick
22. Tomahawk
23. Flint and Steel/Match/We Drill/Hand Drill/Bow Drill
24. Fiber/Cordage/Reverse Wrap
25. Baskets/Bark/Cattail/Pine Needle/Jute
26. Journalling/Species Journals
27. Cooking/Tea
28. Sit Spot
29. Five minute fire challenge
30. Camouflage/Charcoal/Mud
31. Riverwalk/Water exploration
32. AtI-atI
33. Skinning/tanning
34. Sling
35. Punch ball/Bob

